

# The Buell Street Bistro

## Gluten Free Menu

*Modern Mediterranean & Market Garden Cuisine in historic downtown Brockville*

All menu items are available for Take out  
27 Buell Street, Brockville, Ontario (613) 345-2623

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Welcome! Please inform your server of any allergies.

**Gluten Free Bread** - with extra virgin olive oil and Balsamic vinegar \$4

**Soup du Jour** - please ask your server for today's freshly made selection \$7

### Salads

**Bistro Bouquet** - artisan lettuce garnished with tomato, cucumber, peppers, carrots, radishes and a blueberry balsamic vinaigrette \$8.50/ \$15

**Caesar Salad** - homemade dressing, bacon bits, Asiago \$9/ \$16

**Mediterranean Beet Salad** - Pickled golden beets with tomato, peppers, cucumber, red onions, marinated Feta and citrus-herb-garlic vinaigrette \$10 / \$17

Add marinated chicken breast to any salad for an additional \$8.50  
Add a sesame crusted salmon fillet or garlic tiger shrimp for \$12

**Baked Brie** - 5 ounces of brie cheese brushed with maple syrup and rolled in ground walnuts; topped with spiced peach chutney & served with GF bread \$14.75

**Classic Escargot** - sautéed with parsley and garlic butter au gratin;  
served with gluten free bread \$13.25

### Mussels

Fresh from P.E.I.- small (1 lb.) \$15 or large (2 lbs.) \$23

**Cardinal** - lobster sauce, white wine, cognac, red onion, cream

**Provencal** - Sundried tomato, garlic, white wine, red onion, parsley

Served with gluten Free Bread ....  
Add a side of home cut fries \$6

Our deep fryer is not designated gluten free

## Entrees

### Goddess Verde \$21

Gluten free pasta and Zucchini Zoodles sautéed with seasonal greens, onions, leeks, mushrooms, roasted almond pesto, grape tomatoes, edamame and topped with zesty gremolata (available vegan with zoodles only)

Add chicken breast for \$8.50 / Add 5 garlic shrimp for \$12

### Seafood Pasta \$30

Gluten free pasta sautéed with tiger shrimp, sea scallops, salmon, leeks, onions, mushrooms, peppers and white wine cream sauce topped with Asiago cheese  
Vegetarian version available without seafood for \$20

### Indo Stir Fry \$27

A stir fry of basmati rice, chicken breast, black tiger shrimp, seasonal vegetables and our signature house-made curry blend; topped with sesame seeds.  
Ask for it mild, medium or hot! (available vegetarian with no chicken/shrimp)

### Seafood Thermidor \$30

Scallops and shrimp nestled on a fillet of Pacific snapper surrounded by thermidor sauce (red onions, mushrooms, white wine, cream and a touch of Dijon) topped with melted Swiss cheese. Served with rice pilaf and fresh vegetables

### Pesto Salmon \$26

Fresh Atlantic Salmon fillet encrusted with basil, almond-citrus pesto served with golden rice pilaf and fresh sautéed vegetables

### Mojo Tuna \$32

Seared sushi grade tuna steak (served rare) on a bed of basmati rice with vegetables, golden beet salsa and a zesty Mojo sauce (fresh herbs, garlic, citrus)

### Ontario Pork \$25

Orange marinated butterflied pork tenderloin grilled to medium-well served with creamy garlic mashed potatoes, fresh vegetables and spiced peach chutney

### Stuffed Chicken \$28

Oven cooked supreme of chicken with roasted red pepper and parmesan stuffing served with roasted potatoes Provencal, fresh vegetables and a hazelnut Romesco sauce (puree of red pepper, tomato, garlic with fresh herbs)

**New York Striploin Steak** - Center cut AA beef grilled to your specifications served with roasted potatoes Provencal, fresh vegetables & peppercorn sauce

8 oz. - \$29    10 oz. - \$32    12 oz. - \$35    14 oz. - \$38.50

Add 5 garlic shrimp for \$12 / Add sautéed mushrooms or onions for \$7

Thank you for choosing the Buell Street Bistro